



Port Moody Times

Thursday February 6, 2025 Day 1

SEMESTER 2/GRAD PHOTOS—FEBRUARY 12TH

Any students who are new to the school, as well as any students who did not get photos taken during Semester 1, will have their photos taken February 12th. Gr. 12 students who have not yet taken their grad photos will also get their photos taken at this time. These Gr. 12 grad photos will be for the yearbook only. If Gr. 12 students would like cap and gown photos to keep, they will need to contact Artona, and have a photo session at their Vancouver studio: [Book Now](#)

Students will be called down the MPR for their photos. Caps and gowns will be available for Gr. 12 photos. Photo retakes will NOT be taken.

GRADE 9 IMMUNIZATIONS

The grade 9 students received their immunization package from the Fraser Health Authority: Tri Cities Public Health on Monday, January 27th. Public Health nurses will be at PMSS on Wednesday, February 19th to immunize Grade 9 students. If you would like your child to be immunized, please complete the immunization package and have your child return it to the school. If your child is unable to attend on February 19th, we will have two follow-up days: Monday, March 3rd and Tuesday, March 11th.

INTERNATIONAL STUDENTS

Attention International Students who are up for renewal: the **deadline** for International students to **pay program fees for the next school year is March 1, 2025**. Students are not guaranteed their place in our school after this date. Students who pay late will pay a \$500.00 penalty and may lose their school placement.

RAC WEEK

Real Acts of Caring (RAC) Week is **February 9-15, 2025**, this year! It is the 20th RAC Week Anniversary with the focus being on Mental Health and the Environment. RAC is doing something caring and kind for others without expecting anything in return and was created by students at Central Community School in Port Coquitlam in 2005.

The Wellness and Inclusion department, and Red Cross Club have organized some activities to celebrate!

**** All staff, throughout the week, will have tickets to give out to students they "catch being caring". Each ticket can be used as an entry into a draw for a prize at the end of the week. One act of caring can pay off (even without a prize), but many will raise your chances!**

Monday, Feb 10 (and all week):

- there will be a "Caring tree" on the bulletin board outside the library, anyone can add a Post-it sharing an act of caring someone has done for them
- there will also be a box and notes to "Thank a Staff member" in the library - these notes will be delivered to staff on Friday!

Tuesday, Feb 11 - Wear purple day!! Show your support for RAC and wear some purple - monochrome, to just a few accessories, are welcome!

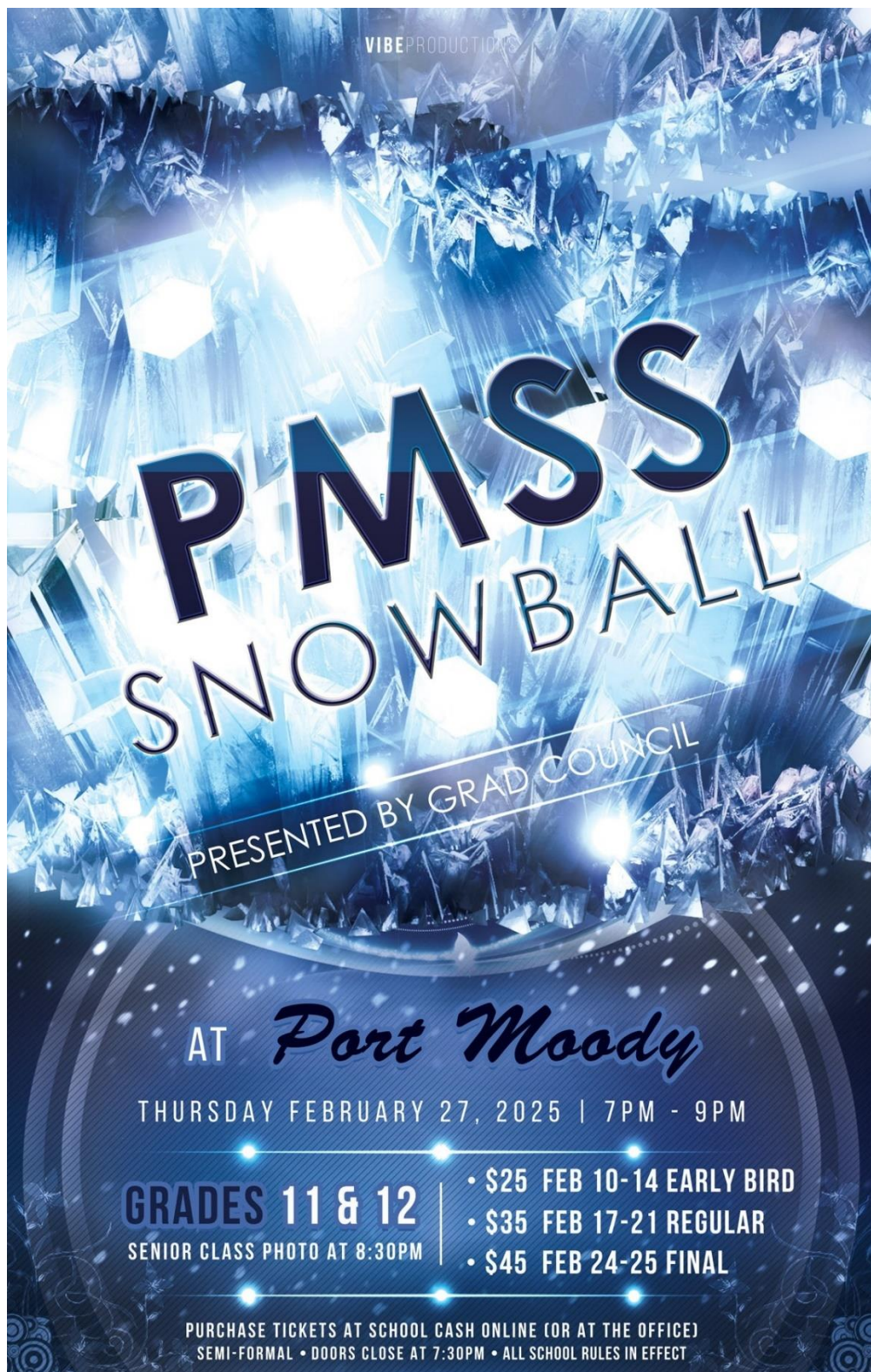
Wednesday, Feb 12 - Compliment Day! It takes almost no effort to give someone a compliment but both those who give and receive compliments are happier people! Write someone a compliment today. The RCC will have a table in the MPR with many Post-it's, come by and post a compliment for someone.

Thursday, Feb 13 - Fundraiser for Red Cross Relief due to natural disasters in the MPR.

Friday, Feb 14 - Look out for a VLOG from the week's activities, shared out by the Red Cross Club. Find out who won the draw prize at the end of the day!

Saturday, Feb 15 - Consider a Real Act of Caring you can do for your family, friends or community this weekend!

During this week, reflect on how you feel after doing something caring and not expecting anything in return, consider how you feel when others care for you? This is how we build community. Happy RAC week!



PORT MOODY POLICE

The Port Moody Police Department is hosting a FREE program for local youth currently enrolled in Grades 11 & 12. The program is designed to give youth an understanding of policing as a career and will allow students to earn volunteer credits (30 hours) they can apply towards their graduation. For more information contact Mr. Canuel. Please click [HERE](#) for form.

BADMINTON TRYOUTS

Senior Badminton Team

Students that would like to try out for the Senior Team should attend senior tryouts on Tuesday, Feb 11th and Friday, Feb 14th from 3:20-5:00PM.

Junior Badminton Team

Students that would like to try out for the Junior Team should attend junior tryouts on Tuesday, Feb 18th and Friday, Feb 21st from 3:20-5:00PM.

CSIMC RESULTS

Please join us in congratulating the students who participated in the Canadian Senior Mathematics Contest (Grades 11-12) and the Canadian Intermediate Mathematics Contest (Grades 9-10).

This year, Port Moody Secondary achieved outstanding results:

2nd place in the province (out of 50 participating schools) in the CSMC

15th place in the province (out of 46 participating schools) in the CIMC

Well done to all our participants for their hard work and dedication!

SPARCS WORKSHOP FOR GRADE 9 AND 10 STUDENTS

Greetings from the [Centre for Education in Mathematics and Computing \(CEMC\)](#) at the University of Waterloo. We are delighted to inform you that the CEMC is now accepting applications from grade 9 and 10 students for the [Seeing Possibilities and Rewards in Computer Science \(SPARCS\)](#) workshop. SPARCS is a week-long, immersive workshop, designed to ignite enthusiasm for computer science in students who have little or no previous exposure to the subject.

Audience: Students belonging to gender identities under-represented in computer science. Applicants must be in grade 9 or 10, interested in mathematics and computer science, and currently attend a Canadian high school or middle school.

Dates and location: May 4 to May 10, 2025, in-person at the University of Waterloo.

Application deadline: February 12, 2025 [Click to download the SPARCS poster.](#)

ART

You are invited to the SD43 Grade 12 Exhibit showcasing artwork from across the district. This free public exhibit is on now through to March 12th. It includes art from several PMSS grads.

home to our
arts community

PLACE
DES
ARTS

Exhibitions

On view at Place des Arts: January 17 - March 13, 2025*

Online at [placedesarts.ca](#): January 24 - March 13, 2025*

Opening Reception: January 17, 7:00 PM - 9:00 PM



SD43 Grade 12 Art Students

Emerging Talent 27

Image: *Dopapills*, Kayla Kim (Class of 2024)

*Emerging Talent 27 is on view at Place des Arts and online until March 12

TUTORING CLUB IS BACK!

Looking for some help with your classes? The student tutors at the Tutoring Club would love to help. We are available Tuesdays and Thursdays during lunch, Block 5 and after school. Lunchtime tutoring sessions take place in room 311, and Block 5/after school sessions are in the Youth Worker room—directly across from the Library Learning Commons. It’s a drop-in program, you don’t need to sign-up for tutoring! If you’re interested in being a tutor, please see Ms. Nembhard in the office.

BLUES RUN CLUB (SUN RUN)

Are you an amateur runner or wanting to break a new personal best? Join the Blues Run Club 10k Sun Rype Youth Team Challenge with Port Moody Secondary next April! Students + friends and family welcome! (signing up with us is cheaper than individual pricing). Contact 088-jryu@sd43.bc.ca for more information.

Port Moody Secondary School
Hosts

Gathered
A VINTAGE MARKET

March 15
May 10
10am - 4pm

ALL
PROCEEDS
TO FUND
2025 AFTER
GRAD

300 ALBERT STREET
GYM ENTRANCE
ENTRY BY DONATION



**Gathered Vintage Markets
at Port Moody Secondary
School:**

We are hosting two special **Vintage Markets** in our school gym on March 15th & May 10th. Entry is by donation, and all funds raised will support the After Grad celebration for our graduates. Join us for this fabulous event. We look forward to seeing you there!

**Port Moody Secondary School Gym
March 15 & May 10, 2025
10:00 AM - 4:00 PM**

👉 We’re currently accepting vendors! For more details and an information package, please email jhcherish@gmail.com.

ONGOING

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

STUDENT INFORMATION VERIFICATION FORMS

This is a reminder for parents/ guardians to log onto their MyEd parent portal to view their student information verification form. If any changes are to be made, please make corrections on a printed form and return it to the office.

TRANSLINK

As Translink is increasingly busy, please keep the following in mind when you are taking public transit.

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that is safe for everyone!

PMSS TIMES: The PMSS Times will be distributed on ***Tuesdays*** and ***Thursdays***. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

For current and ongoing opportunities, please visit [HERE](#)

Vancouver Film School is hosting an Open House on Saturday, February 8th 2025 from 10am – 1pm at their campus at 151 W Cordova St. Explore our world-class production centre in-person! From our award-winning industry production programs to our part-time online offerings, post-graduate degree options, and scholarship opportunities, you will get the full scope of the VFS student experience. To register, click [HERE](#)!

Douglas College is coming to Port Moody Secondary on Monday, February 10th at lunch (11:06am) in the library! This info session is designed for students who have applied and are ready to learn about next steps (although prospective students are also welcome to attend). Topics such as course registration, admissions, financial aid and student services will be covered. Bring your questions, and receive answers about the next steps at Douglas!

General Learning Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

Camp Ignite 2025 is happening this year from August 7th – 10th, 2025. It is open to any girls in Gr. 12 or entering Gr. 12 in 2025 living in BC. Camp Ignite is a three-night, three-day camp that educates and inspires young women to follow their dreams. We aim to show our campers a future of limitless opportunities and demonstrate that anything is possible. Our camp offers an introduction to the exciting world of firefighting, along with fitness, nutrition, health and teamwork. For more information, or to apply, click [HERE](#)!

SFU STEM Speaker Series: Human Centered Design for a Self-Monitoring Tool for Learning will be happening for free on Saturday, February 22nd from 1:00pm – 2:00pm on Zoom. In this presentation, the speaker will talk about their background as a software developer and what inspired them to pursue the field of human computer interaction design. They'll also talk about how human centered design principles can support the development of more user-friendly software tools. If interested, click [HERE](#) to sign-up!

SFU – Hour of Code ++ Workshops features one-off workshops for students Gr. 8-12 to learn how to code and implement popular digital tools. Some programs for the Spring schedule include: Mobile App development, UI/UX

Design, HTML & CSS, and Intro to Javascript. Dates will depend on the program, but will take place on a Saturday in February or March and typically from 10am – 12pm. For more info, or to sign-up, click [HERE](#)!

Coquitlam Public Library – Science Expo invites science-loving students to exhibit their amazing experiments and innovations for parents, judges, and members of the public on Saturday, May 3rd 2025 at Coquitlam Campus of Douglas College! Gr. 12's and 11's have the chance to win \$1000- \$2000, while Gr. 9's and 10's have the chance to win \$100 - \$200 in gift cards. If interested, apply [HERE](#) by Sunday, February 23rd, 2025!

Vancouver Film School – Creative Break features 2 day workshops led by experienced professionals in Film Production, Acting, Animation, Make-up Design, Sound Design, and Foundation Visual Art & Design. You will learn about BC's booming creative economy, get a taste of our industry-leading production programs, and discover how 1 short year of training at VFS launches your career in the creative industries! The dates are March 17-18, 19-20, 24-25 & 26-27 from 9am - 4pm each day. The cost is \$200-225 per workshop and will take place on the VFS campus. If interested, please register [HERE](#) by March 10, 2025.

Trades and Apprenticeship Information

For current and ongoing opportunities, please visit [HERE](#)!

Jill of all Trades event is happening on April 10th at BCIT from 8:00am - 3:00pm. This is a hands-on, in-the-shop event designed for students in Gr. 9-12 who identify as female or are gender diverse. This event aims to inspire students to explore careers in the Skilled Trades. Participants will get a behind-the-scenes look at BCIT's state-of-the-art facilities, interact with industry professionals, and engage in a series of interactive workshops across various trades. Transportation to and from BCIT, t-shirts, and lunch are included in the experience! If interested, please apply by March 7th, 2025. Applications can be found [HERE](#), and please return to Almpellezzere@sd43.bc.ca.

Port Moody Indigenous Students in Trades Sampler is happening on April 15th – 17th from 8:00am – 2:30pm at PMSS! This is a hands-on, in-the-shop-event designed for students in Gr. 9-12 who identify as Indigenous. This 3-day experience aims to inspire students to explore the skilled trades and gain some basic skills in the shop. Participants will build a take-home project and learn foundational skills in Carpentry and CNC Machining. Breakfast and lunch will be provided all 3 days, along with a T-shirt! If interested, please apply by March 7th, 2025. Applications can be found [HERE](#), and please return to Almpellezzere@sd43.bc.ca.

Volunteer/Employment Opportunities

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* PNE Summer Employment** is hiring for the May – September season! Applicants must be at least 15 years old and available 3-4 days per week (including evenings and weekends). Compensation is \$17.40, with 10% additional pay in lieu of vacation and other benefits, resulting in a total of \$19.14/ hr. We are looking for over 200 enthusiastic and motivated individuals to join our Games, Rides, Guest Experience, Playland Maintenance, and Food & Beverage teams for this year's exciting Playland season! Positions available: Candy/ Concession Attendant, Candy Runner, Concessions cook, Games attendant, Guest Experience attendant, Grounds maintenance attendant, Playland BBQ attendant, Playland BBQ Grill cook, Playland BBQ Runner, Playland Busser, Rides Attendant. For more info, or to apply, click [HERE](#)! Preference given to those who submit their resume before March 9th 2025, but accepting submissions until roles are filled.

***NEW* Golf – Junior Players Tour** is looking for volunteers to make their events successful! Volunteering with JPT is a fantastic way to give back to the golfing community and gain hands-on experience in event operations and enjoy the excitement of competitive junior golf! Volunteer roles available are: Registration, live scoring, starter, scoring, hydration station attendant, spotter and photography. Event dates are: March 15th, April 4th, April 11th, April 18th – 20th and April 25th – 27th at various golf clubs. To apply, [Click Here](#) or email ryan.shaw@juniorplayerstour.ca your availability.

Place des Arts Sprint Break Camp 2025 is looking for reliable, enthusiastic volunteers to assist with our creative and lively Spring Break Camps. Volunteers should be at least 15 years old, with experience working with children, those with support needs and ELL as an asset. Students are expected to volunteer either Full day (8:15am – 4:15pm), Mornings (8:15AM – 12:45pm) or Afternoon (12:15pm - 4:00pm) shifts on the week of March 17-21 and/or Mornings (8:15am – 12:30pm) on the week of March 24-28. If you are interested, please email volunteer@placedesarts.ca with your preferred shift time as well as your second shift time choice. The deadline to apply is March 3rd, 2025. [See our Spring Break camp details here!](#)

2025 RCMP Volunteer Info Session is happening on Saturday February 8th, 2025 from 7-8pm at Pinetree Community Centre (Rm 7/8/9/). Join us at the Volunteer Information Session to learn more so you can decide if it's the right opportunity for you. Some of the topics we will cover are: required time commitments, police clearance requirements and benefits. We will also be providing information on the many positions available including: Community Police Stations Internal: Front Counter, Community Police Stations External: Bike Patrol, Foot Patrol, Cell Watch, Graffiti Removal, Special Events, Citizens' Crime Watch, Block Watch and Speed Watch. For more information, please visit [HERE](#)!

City of Port Moody – Summer Playground Leader is looking for students completing Gr. 12 that have experience working with children to lead activities and supervise children at various facilities throughout the city. Leaders will be involved in sports, arts, and outdoor recreational activities. Applicants must be committed to work from Friday July 2nd to August 22nd 2025, and will be compensate \$27.63/ hr. If interested, apply [HERE](#) by April 21st, 2025 at 4:30pm.

Federal Student Work Experience Program is an on-going program for students searching for full-time or part-time work for the Government of Canada! As the country's largest employer, we are proud to hire thousands of students every year to support us in delivering services to Canadians. We have a wide variety of jobs from coast to coast, in

diverse fields, such as administration, agriculture, communications, enforcement, finance, IT, policy, and many more. Students work in offices and laboratories, on ships and farms, at historical sites and national parks, among many other locations, in more than 300 cities and towns across Canada. Compensation is between \$17-\$36/ hr. For more info, or to apply, click [HERE](#)!

Scouts Canada is looking for both students that want to be a part of scouts and those who would like to volunteer and get hours. They are holding an Open House at Town Centre Park on February 4th and 10th from 6pm – 7pm. To RSVP, click [HERE](#)!

Scholarship / Awards

For current and ongoing opportunities, please visit [HERE](#)!

***NEW* Hydrocephalus Canada – Dr. E Bruce Hendrick National Scholarship** (value: <\$5000 is open to all Canadian citizens with hydrocephalus and/or spina bifida residing in the country. If interested, please apply [HERE](#) by April 30th, 2025.

Port Moody Youth Scholarship (\$1000) is available to any Gr. 12 Port Moody resident or student attending a Port Moody school that has acted in a leadership role and made significant contributions to the community, have excellence in academics, athletics, arts or technical education and has good academic standing (B or better). If interested, apply [HERE](#) by March 31st. 2025.

PoCo Theatre Legacy Fund Bursary (\$2000) is open to any student attending an eligible secondary school in the tri-cities and who is enrolled in an undergraduate program at a recognized post-secondary institution in a formal arts program anywhere in the world. The applicant must demonstrate academic merit, financial need and have been involved in Arts. If interested, apply [HERE](#) by March 15th, 2025.

Fraser Institute Student Essay Contest (value: \$250 - \$1500) is open to all high school students and to international students studying in Canada. The essay topic for 2025 is “*What would the Essential Scholars say about Canadian economic prosperity today?*”. If interested, please apply [HERE](#) by June 5th, 2025.

BCIT Pathway to Success Awards (value: \$3000 x 3) is open for Gr. 12 Canadians or Permanent residents that demonstrate leadership skills and/ or other responsibilities. Applicants must have applied to admission at BCIT and planning to become a full-time student during the academic period for which the award is given. To apply, please see PMSS Career Centre TEAMS or [Website](#) for the forms. Complete and return to Ms. Chang or your counsellors by April 3rd, 2025.

BC School Sports Scholarships (varies depending on scholarship, but \$20,000 worth) is looking for students that demonstrate excellence in scholastic and athletic pursuits. Successful candidate will be student-athletes who have balanced their high academic achievements with significant success at school and contributions to their community. Must meet specific criteria to individual scholarships as well. If interested, please apply [HERE](#) by April 25, 2025 at 4pm.

Troop 17 Scholarship (value: \$1000) is open to any Canadian or Permanent Resident student who is or will be enrolled in a full-time accredited Canadian college or university. They must have demonstrated that they have made significant efforts in preventing bullying and harassment in their schools and/ or communities and explain how they continue to promote anti-harassment and anti-bullying principles in their schools and/ or communities. If interested, please apply [HERE](#) by April 30th, 2025!

Confratellanza Italo-Canadese 2025 Scholarship (\$1000) is available for students of Italian origin (ie. One parent or grandparent of direct Italian descent) and have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice. To apply, click [HERE](#) by June 15th, 2025.

Canadian Iranian Foundation 2025 Scholarship (\$1500 - \$2000) is available for students of legal status in Canada that is enrolled in a Canadian post-secondary institution. Students must be well-rounded and shown great effort to integrate into Canadian and Iranian society by having at least 20 hours of community service and is willing to volunteer at least 20 hours at CIF events (before or after receiving the scholarship). Please apply [HERE](#) by June 15th 2025.

Tessa Beauchamp Foundation Scholarship (\$1000) is available to any Gr. 12 student graduating in BC willing to provide a “snapshot” of related activities and endeavours in their own lives. Please apply [HERE](#) by June 15th, 2025.

SingSpire Youth Scholarship (value: \$600) is open to applicants from Metro Vancouver and between the ages of 15-20 on the application deadline. The applicant must be involved in a school or community choral program, does *not* have to be pursuing a career in music and must not be a previous winner of Elektra’s Youth Scholarship. If interested, please click [HERE](#) to apply!



Skills for Hope Foundation Scholarships (\$1500) is looking for students entering or continuing post-secondary at a college or university located in Canada for the Fall of 2025. Candidates must demonstrate involvement with community service or volunteerism, and demonstrate the ability to overcome challenges to achieve their goals. If interested apply [HERE](#) by March 17th, 2025.

Youth of Canada Award (3x \$500) is open to any Canadian students 14-18 years old who is currently enrolled in high school or post-secondary and demonstrates community involvement, impactful experiences and creativity. If interested, please apply [HERE](#) by March 17th 2025.

Retail Council of Canada Scholarship (value: \$3000- \$5000) is looking for students currently enrolled full-time or part-time at a Canadian college or university for the Fall of 2025 that is pursuing business, retail, fashion, marketing or any other retail related program. Students must also be currently working part-time or full-time within the retail industry. If interested, apply [Here](#) by March 28th, 2025.

BC Retired Principals’ and Vice-Principals’ Association (BCRPVPA) Scholarship (value: \$1000 x 10) is open to graduating students from the BC who are continuing their education at a post-secondary institution. Applicants must have demonstrated leadership and service activities within the school and community, as well as academic skills. Financial need is taken into consideration. If interested, apply [HERE](#) by March 31st 2025.

UFCW & OFG Joint Diversity Scholarship (\$1000) is open to any BC resident who will be pursuing Post-Secondary education at an accredited institution within the province of BC in the Fall of 2025. They must not be a team member of Save-on-Foods or a dependent of a team member and not a previous recipient of the Diversity Scholarship. The student must have contributed to diversity awareness and acceptance in your community. If interested, apply [HERE](#) by May 1st 2025.



ELEMENTARY
July 8 – July 25, 9:00am - 12:00pm
Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!
Free to all BC residents, SD43 Residency requirements apply.

8 LOCATIONS

04 MAR

Registration 6:00am

Registration 6:00am

07 MAR

MIDDLE
July 8 – July 25, 8:45am - 11:45am
Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!
Free to all BC residents, SD43 Residency requirements apply.

3 LOCATIONS

SECONDARY SKILL BUILDING
July 8 – July 25, 8:30am - 11:30am OR 12:00 - 3:00pm
Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.
Free to all BC residents, SD43 Residency requirements apply.

2 LOCATIONS

07 MAR


Registration 6:00am

Registration 6:00am

06 MAY

SECONDARY FULL CREDIT
July 2 – August 7 (6 weeks)
8:00am – 11:30am OR 12:00pm – 3:30pm
Face-to-Face or Online Blended Fast Track
Courses: Life Science11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.
Free to all BC residents, SD43 Residency requirements apply.

2 LOCATIONS



www.sd43SummerLearning.ca/Phone 604-936-4261

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding PAC, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

YOU ARE INVITED TO

"HOW TO TALK TO YOUR YOUTH ABOUT SUBSTANCE USE"



Join SHARE's Youth Substance
Use Services Program
in a virtual presentation about
supporting youth on the topic of
substances and substance use.

FEBRUARY 12 2025
6:30-8:00
VIRTUAL ON ZOOM

RSVP via this link or QR
code below:



Topics will include:

- Adolescent brain development
- Adolescence and substance use
- Adolescence and mental health
- Continuum of use and parenting
at various stages
- Tips for your approach
- Self-Care
- Time for Q&A
- Resources for further support
and learning



Visit our [website](#)
for more resources

GRAD

BACK DESIGN - FRONT DESIGN

JOGGERS AND
HOODIES AVAILABLE

AS A SET OR
SEPERATELY SOLD



HOODIE - \$40

JOGGERS - \$30

PRE-ORDER ON SCHOOLCASHONLINE

- GRAD 2025 - SENIORS
MERCH

Rex Cox

MEN'S WEAR

**SUIT
PACKAGES!**
Includes Suit, Shirt
and Tie or Bow Tie
\$299! plus tax
or 20% OFF
other brands

GRAD FITTING NIGHT
FEBRUARY 26, 2025 - 3PM TO 7PM



3 Prizes to be
WON
including a
FREE SUIT!

ASK US ABOUT OUR SUIT PROGRAM FOR ATHLETES

604.826.2721

#2-33192 - 1st Avenue, Mission BC

WWW.REXCOXMENSWEAR.COM



AFTER GRAD FUNDRAISERS

After Grad Fundraising

Growing Smiles Plant Sale & Neufeld Farms: [A Big Thank you!!](#)

We had a great pickup event this week and thank you to everyone who placed orders and who volunteered to make this a success! We raised just over \$1600 towards After Grad with your support!!

The After Grad Committee is excited to offer a variety of easy ways to support our After Grad fundraising efforts year-round! Each of these local businesses generously donates a portion of their sales. Simply make mention when you make a purchase, and you'll be contributing to a fantastic cause. Here are a few great options:




Support
PMSS AfterGrad
by using
flipgive

Download the FlipGive App; visit flipgive.com/ join or use the QR code to sign up and start supporting PMSS 2025 After Grad today!

Enter Team Code: **KVJN6X**




FlipGive Online Shopping & Gift Cards – Shop at participating stores year-round using our team code **KVJN6X**. A percentage of each purchase supports After Grad. This is the perfect opportunity to support After Grad whether shopping for gifts or everyday essentials.



Suter Brook

COBS BREAD

Mention "Port Moody Secondary School After Grad"



Cobs Bread at Suter Brook – Enjoy delicious fresh-baked goods, and a portion of your purchase will go towards our fundraising efforts when you mention "Port Moody Secondary School After Grad".



ALL YEAR
NOW-JUNE

PORT MOODY
liquorstore
ST. JOHNS & WILLIAMS

Mention "PMSS After Grad"
while shopping to support
Port Moody After Grad.

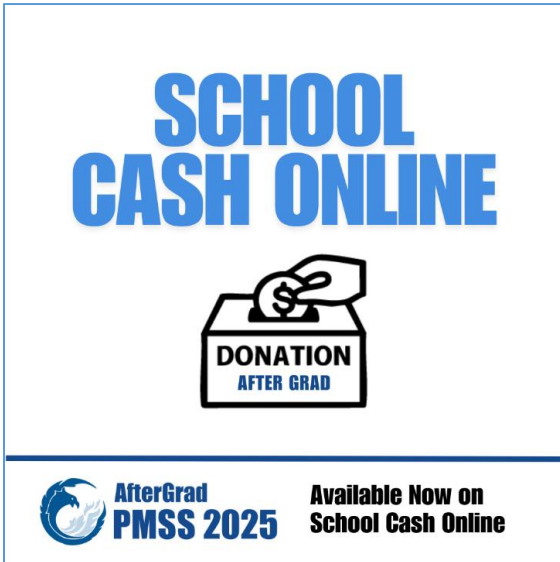


Mention
"PMSS After Grad"

Port Moody Liquor Store – Pick up your favourite beverages and support After Grad at the same time by mentioning "PMSS After Grad" at checkout when shopping at Port Moody Liquor Store on St. Johns Street.



Return It Express – Recycling bottles and cans at any Return It Express is a great way to support PMSS After Grad throughout the year. Simply use account "604-928-1421" when you drop off your recyclables, and this will go towards After Grad fundraising efforts.



School Cash Online – Parents can now donate directly to After Grad. The school will also accept cheques made payable to ‘Port Moody Secondary School After Grad’ from friends and family.

Like & Share After Grad posts on [Instagram](#) & [Facebook](#) to help spread the word about our fundraising initiatives.

COMMUNITY



SCOUTS CANADA

OPEN HOUSE

RSVP: 

FEB 4TH & FEB 10TH
AT TOWN CENTER PARK

ALL AGES 6PM- 7PM



Join the
Tri-City Eagles
Field Hockey
Club

FOLLOW US 
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Mites / Mini (U10)
EARLY BIRD PRICING ENDS FEB 15

INFORMATION



Junior (U11-U18)
EARLY BIRD PRICING ENDS FEB 1

INFORMATION

Register Now
2025

Early Bird Pricing Open Until:
February 1st for Juniors
February 15th for Mites/Minis



Free Winter Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

Delivered through YMCA BC starting February 2025 on Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



gv.ymca.ca/generation-health-community
generationhealth@bc.ymca.ca



YOUTH LOUNGE & DROP-IN GYM SCHEDULE

A DROP-IN SPACE FOR GRADES 6-12

RECREATION COMPLEX



SOCIAL SPACE



WII AND XBOX ONE



POOL TABLE



GAMES AND EVENTS

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	6-10pm Drop-in Youth Lounge (Free)	5-9pm Drop-in Youth Lounge (Free)
	6-7:45pm Drop-in Gym (\$2.25)	6-7:45pm Drop-in Gym (\$2.25)	6-10pm Drop-in Gym (\$2.25)	5-9pm Drop-in Gym (\$2.25)
			6-9pm Drop-in Breakdancing 16+ Aerobics Studio (\$2.25)	

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